

Dr. Luanne Metz

20 years

Department of Clinical Neurosciences

1. What is your fondest memory of your time here at Foothills?

The time spent in the Doc's Lounge with colleagues from many areas of medical practice and with colleagues from within my own Division has been total pleasure. I am sure it will be one of the things I miss most when I retire.

2. Of all your contributions here at Foothills, what are you proudest of?

I am most proud of developing the Multiple Sclerosis Program from both a clinical, educational and research perspectives. We are recognized as the strongest program in the country and one of the few programs Internationally recognized for clinical and research excellence. We have integrated data collection into routine clinical practices to facilitate both quality care and research and have a strong team with little turnover.

3. What advice would the you of today give the younger version of yourself at the start of your practicing career?

I would advise the younger me to have a long term plan that is regularly reviewed and to look after team members and be sure the details are not ignored, as I believe that I did, but also to be sure to take care of self – which I did poorly. Also, better to decline a new task than fail to complete it if you really do not have the time to take it on.

4. What do you see as the biggest challenge facing physicians at this time?

I have been around a long time and seen trends come and go so do not actually see today as more challenging than we have faced in the past. I think the biggest challenge remains continuing on a long term path and doing what is right, not what is expedient. What is right is not always gets the greatest short term gain.

5. When you arrive at the Gates of heaven, what do you hope to hear St. Peter say?

You helped to make the world a better place.