1. What is your fondest memory of your time here at Foothills?

The Silver Jubilee Celebration of the Cardiac Surgery Unit at Foothills Medical Centre on Nov 16, 2013, which celebrated the 25 years of hard work by all: Nurses of all units involved, Perfusionists, Respiratory Technologists, Administrators and their assistants, Cardiologists, Cardiac Anesthesiologists and Cardiac Surgeons.

2. Of all your contributions here at Foothills, what are you proudest of?

Advancing the use of arterial grafting for coronary artery bypass graft surgery locally, nationally and internationally.

3. What advice would you of today give the younger version of yourself at the start of your practicing career?

'Choose what you want to do most, because that is what you will be best at. Let no one dissuade you from your goal.'

4. What do you see as the biggest challenge facing physicians at this time?

Keeping pace with the relentless advancement of knowledge and technology in this internet-driven age.

5. When you arrive at the Gates of heaven, what do you hope to hear St. Peter say?

That I used to the best of my ability all the gifts that I was given by The Almighty to benefit mankind; and that true to the motto in my high school year book — I have seized the day well: 'Carpe Diem'.