

Dr. Jim Mayhew

46 years

Department of Family Medicine

1. What is your fondest memory of your time here at Foothills?

The memories of chatting with Dr. Tom Saunders and Dr. Bruce Challis about life and medicine are memories most valued.

2. Of all your contributions here at Foothills, what are you proudest of?

I am proudest of my contribution to help family medicine maintain a position of trust and respect in this academic institution.

3. What advice would the you of today give the younger version of yourself at the start of your practicing career?

“Develop more resilience; play more golf!”

4. What do you see as the biggest challenge facing physicians at this time?

I think one of the biggest challenges is for physicians to develop a family/health/work life balance.

5. When you arrive at the Gates of heaven, what do you hope to hear St. Peter say?

“You have arrived too early, come back in another ten years.”