

An Introduction to Substance Use Disorder and Supports in Central Zone

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Referral Pathways

Access to Services in Central Zone



KEY POINT:

Substance Use Disorder does NOT require specialist referral/treatment in most cases! Most treatment is in the scope of primary care MDs.

Inpatient/Residential Treatment Services

- iRecover Alberta (27 treatment rooms, 5 medically supported detox beds, located on ranch in Tees, AB)
- Centennial Centre for Mental Health and Brain Injury (Ponoka, AB)
- Safe Harbour Society Medically Supported Detox (short stay program, up to 14 days)
- Grace House (Drumheller Society for Recovery, long term residential treatment program)
- Thorpe Recovery Centre (Blackfoot, AB, inpatient medically supported detox and residential treatment program)
- Enviros Shunda Creek Rehabilitation Centre (Rocky Mountain House, young adult addiction treatment centre for males aged 18-24)
- Concurrent Disorders Enhanced Services (Ponoka, AB; 22 day program, priority to adults aged 18-65 and pregnant women)

Inpatient/Residential Treatment Services

Most inpatient/residential treatment programs are accessed via assessment at local Addiction & Mental Health office (will complete applications there and submit to appropriate referral sites)

Outpatient Treatment Services

- Red Deer Street Clinic (OAT, alcohol use disorder treatment)
- Red Deer 49th Street Addiction and Mental Health Clinic (4733 49 Street , Red Deer)
- Wellbriety program (wellness + sobriety program with Indigenous lens, offered through Safe Harbour Detox and Native Friendship Centre in RD)
- Alcoholics Anonymous, Narcotics Anonymous, Cocaine Anonymous (chapters throughout Central Zone)
- AHS Addiction & Mental Health offices (located in communities throughout Central Zone)
- Turning Point Society (harm reduction services in Red Deer and rural community outreach, women's health program)
- Walk-in counselling services (available at Drayton Valley CHC, Olds Provincial Building, Red Deer 49th St. Clinic, and Stettler Hospital Care Centre)
- Levity Clinic (formerly the ACT clinic, Red Deer)

Pediatric Services

- Protection of Children Abusing Drugs Program (PChAD- Red Deer location)
- Walk-in counselling services (available at Drayton Valley CHC, Olds Provincial Building, Red Deer 49th St. Clinic, and Stettler Hospital Care Centre)
- Child and Adolescent Addiction Community Services- various community health centers/clinics

Geriatric Services

- Seniors Mental Health Program- Centennial Centre for Mental Health and Brain Injury (Inpatient Services + community outreach, Ponoka)

Harm Reduction Services

- Turning Point Society of Central Alberta
 - syringe exchange and safe injection supplies
 - Overdose Prevention Site (Red Deer)
 - rural outreach
 - women's health
- Naloxone kit distribution
 - community pharmacies, community health centers, community agencies (e.g. Turning Point, shelters), AHS facilities
- National Overdose Response Service (NORS)
 - overdose prevention hotline

Central Intakes

1) Addiction and Mental Health Central Intake

- 1-888-594-0211 (Central Zone)

1) Recovery Access Alberta

- <https://recoveryaccessalberta.ca/>
- central repository for patients/providers to navigate appropriate referral resources

Coming Soon....

- Dream Center (Red Deer, men only, 7 week inpatient residential treatment, faith-based, 40 beds anticipated, expected to open late 2022)
- Community of Recovery (Red Deer-based, inpatient residential, expected opening 2023)
- Adeara (women's treatment center, inpatient recovery program, near Sylvan Lake)

QUESTIONS?

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