



Edmonton
Zone Medical
Staff Association

PHYSICIANS ADVOCATING FOR HEALTH

January 26, 2024

Dear Members,

I am reminded about the huge gaps in healthcare for women as our Women's Health Committee (WHC) released their letter writing advocacy campaign this week.

Recently, the WHC met with the Government of Alberta and Government of Canada to discuss the [briefing notes](#) we have been hard at work compiling, and remain hopeful the government will consider them seriously. Our issues included healthcare provider shortages across the province, access to menstrual hygiene products, safe access to abortion care, support for menopause care, access to hormonal therapy/birth control, and healthcare services for incarcerated women. Our website has the complete list of issues we have been working on. While both governments listened in our meetings, we are waiting for a commitment to resolving these issues.

Please add your voice to advocate directly to politicians on the behalf of patients. We need many physicians and the public to add their name in support. [This website](#) provides an easy and quick way for you to do add your name to this campaign. Physicians are already stretched too thin and officials must support us in providing basic health care for women.

You can also help to spread the word by:

- placing a [poster in your office](#) until the end of February; and
- sharing our videos released over the next month on Facebook and X (Twitter) by @EZMSA2 and Tik Tok, Instagram and Threads by @DrShazmaMithani to support this campaign.

I have left an open invitation to Minister LaGrange to engage the EZMSA if help is needed to address women's healthcare gaps.

Warmest regards,

Dr. Mona (Manpreet) Gill

President 2024

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Mission: Physicians Advocating for Health

Vision: Engaged Physicians; Sustainable Healthcare; Health Community

Values: Advocacy; Integrity; Growth and Learning; Community Connection

To contact the EZMSA Physician Advisor: <https://albertazmsa.com/physician-advisor>